

# Mental Health is for Everybody!

Kansas City's Community Mental Health Centers are proud to offer you this information on mental health and services available in our community.

[www.mentalhealthkc.org](http://www.mentalhealthkc.org)

Brought to you by INFONET, a subsidiary committee of the Metro Council of Community Mental Health Centers and Associations.



**METRO**  **COUNCIL**  
of Community Mental Health Centers

TRI-COUNTY MENTAL HEALTH RESOURCE CARD

Crisis Line (for mental health emergencies)		816-468-0400
After Hours Crisis Line		888-279-8188
Tri-County Mental Health Services	<a href="http://www.tri-countymhs.org">www.tri-countymhs.org</a>	816-468-0400
Compassionate Ear (consumer support)		913-281-2551
Mental Health Association of the Heartland	<a href="http://www.mhah.org">www.mhah.org</a>	913-281-2221
United Way InfoLine		211

#### CRISIS / ABUSE / SHELTERS

Suicide Prevention		800-273-8255
Crisis Line (for mental health emergencies)		888-279-8188
Elder Abuse and Neglect		800-392-0210 800-252-8966
Poison Control		800-942-5269
Child Abuse and Neglect Hotline		800-392-3738 800-252-2873
Sexual Assault/Domestic Violence		816-468-5463
Homeless Shelter Hotline		816-474-4599
Good Samaritan Housing		816-457-5794
The Women's Center		816-529-2324
Rape Hotline		816-531-0233

#### FOOD AND UTILITIES

United Services Community Action	<a href="http://www.choose-hope.org">www.choose-hope.org</a>	816-833-4333 816-358-6868
Excelsior Springs		816-630-0037
Kansas City		816-459-9615
Platte County		816-858-5153
St. Charles Food Pantry		816-468-5153
Holt Ministerial Alliance Food Pantry		816-320-3590

#### HEALTH CARE

Clay County Health Department	<a href="http://www.clayhealth.com">www.clayhealth.com</a>	816-781-1600
Platte County Health Department	<a href="http://plattecountyhealthdept.com">plattecountyhealthdept.com</a>	816-858-2412
Ray County Health Department		816-776-5413

#### DRUG AND ALCOHOL RESOURCES

Substance Abuse Treatment		816-468-0400
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#### OTHER USEFUL NUMBERS

The Family Conservancy	<a href="http://www.thefamilyconservancy.com">www.thefamilyconservancy.com</a>	913-342-1110
Social Security Administration		816-436-9500
Vocational Rehabilitation		816-467-7900
Platte Co. Senior Citizens Service Fund		816-891-7777